

Day One Monday	Day Two Tuesday	Day Three Wednesday	Day Four Thursday	Day Five Friday	Day Six Saturday	Day Seven Sunday	Day Eight Monday	Day Nine Tuesday	Day Ten Wednesday
<p><b>Arrive at 4pm</b> Orientation Welcome Tea</p> <p><b>8:00pm</b> Meditation Instructions</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>7:30am</b> Meditation</p> <p><b>8:30am</b> Silent Breakfast 茶道Cleanup</p> <p><b>9:15am</b> Tea Ceremony</p> <p><b>10:30am</b> Tea Class: Understanding Tradition/ Tea as Ceremony</p> <p><b>12:00noon</b> Gratitude Lunch 茶道Cleanup Quiet Rest</p> <p><b>3:00pm</b> Service Period</p> <p><b>4:30pm</b> Tea Practice: How to hold a bowl/Leaves in a bowl</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>7:30am</b> Meditation</p> <p><b>8:30am</b> Silent Breakfast 茶道Cleanup</p> <p><b>9:15am</b> Gongfu Tea</p> <p><b>10:00am</b> Tea Class: Basics of Gongfu Tea</p> <p><b>11:00am</b> Gongfu Trials</p> <p><b>12:00noon</b> Lunch 茶道Cleanup Quiet Rest</p> <p><b>3:00pm</b> Service Period</p> <p><b>4:30pm</b> Tea Practice: Five Basics of tea brewing/ leaves in a bowl</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>7:30am</b> Silent Water Gathering Trip</p> <p><b>10:00am</b> Water Lessons: Storage &amp; Drawing</p> <p><b>11:00am</b> Water Tasting</p> <p><b>12:00noon</b> Lunch 茶道Cleanup Quiet Rest</p> <p><b>3:00pm</b> Service Period</p> <p><b>4:30pm</b> Tea Practice: Sidehandle Brewing Part I</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:00pm</b> Discourse</p> <p><b>9:45pm</b> Take Rest*</p> <p><i>*Noble Silence until morning</i></p>	<p><b>7:30am</b> Service Period: Farming!</p> <p><b>11:00am</b> Natural Loofah Teapot-Pillow Crafting!</p> <p><b>12:00noon</b> Lunch 茶道Cleanup Quiet Rest</p> <p><b>4:00pm</b> Tea Practice: Differences in Gongfu vs. Bowl Tea/ Sidehandle Brewing Part II</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>7:30am</b> Meditation with Chanting</p> <p><b>8:30am</b> Silent Breakfast 茶道Cleanup</p> <p><b>10:00am</b> Teaware Trip to Yingge!</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>8:00am</b> Meditation</p> <p><b>9:00am</b> Silent Breakfast 茶道Cleanup</p> <p><b>9:30am</b> Fire/ Heat lesson</p> <p><b>11:00am</b> Fire Experiments</p> <p><b>12:00noon</b> Lunch 茶道Cleanup Quiet Rest</p> <p><b>3:00pm</b> Service Period</p> <p><b>4:30pm</b> Whisked Tea Ceremony</p> <p><b>5:30pm</b> Tea Lesson: Eight Bowls</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:30pm</b> Take Rest</p>	<p><b>7:30am</b> Meditation</p> <p><b>8:30am</b> Silent Breakfast 茶道Cleanup</p> <p><b>9:30am</b> Service Period: Cleaning Day! 茶道</p> <p><b>12:00noon</b> Lunch 茶道Cleanup</p> <p><b>12:45pm</b> Take Quiet Rest</p> <p><b>4:00pm</b> Tea Lesson: Chaxi</p> <p><b>5:00pm</b> Tea Brewing</p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:00pm</b> Discourse</p> <p><b>9:45pm</b> Take Rest*</p> <p><i>*Noble Silence until morning</i></p>	<p><b>7:30am</b> Silent Breakfast 茶道Cleanup</p> <p><b>8:00am</b> Trip to Tea Farm: Tea Harvesting &amp; Processing!</p> <p><i>*Possible late afternoon tea session</i></p> <p><b>8:00pm</b> Meditation/ Chanting</p> <p><b>9:15pm</b> Dana Talk</p> <p><b>9:45pm</b> Take Rest</p>	<p><b>8:00am</b> Meditation</p> <p><b>9:00am</b> Silent Breakfast 茶道Cleanup</p> <p><b>10:00am</b> Faretheewell!</p>

歡迎親愛的茶友

告別親愛的茶友